

**For the OT'23 Class entering fall 2021:
Occupational Therapy Year One Course Descriptions – 45 credits**

OT 801 - Conceptual Models in Occupational Therapy

This course introduces students to the central construct of occupation and to both the consequences and determinants of occupation. We will explore the most prominent theoretical models for understanding the relationship between occupation and health, and the factors that affect occupation. The course also covers the historical development of occupational therapy theory, and key theorists over the past 100 years. (4 credit units) Contact Hours: 48

OT 802 – Models of Practice in Occupational Therapy

This course introduces students to occupational therapy interventions, processes of change, and tools for being an occupational therapist. In addition, students will apply occupational therapy theory to practice situations. (2 credit units) Contact Hour: 24

OT 823* Disability Theory

This course introduces the concepts of disability, citizenship and societal participation. Conceptual frameworks of disability and issues and implications of disability will be discussed along with Canadian health and social policies relating to people with disabilities. (1.5 credit units) Contact Hours 18

OT 825 The Lived Experience of Disability

In this fieldwork course, pairs of first year students meet with a volunteer from the Kingston community who has a disability. The goal of this unique learning relationship is to improve students' understanding of disability and facilitate their embracing the concept of client-centred practice whereby a client's life experiences are acknowledged and they become partners in the occupational therapy process. (1.5 credit units) Contact Hours: 18

OT 846 Occupational Therapy Fieldwork I

This fieldwork course, completed continuously and offered in a practice setting, will allow the student to focus on generic assessment skills, developing communication skills and application of OT knowledge to the practice setting. Prerequisites: OT 825 and OT 851 or permission of the course coordinator. (8 credit units) Contact Hours: 8 weeks

OT 851 Client-Centred Communication

This course focuses on the development of communication skills within the context of client-centred occupational therapy practice. The critical elements of the therapeutic relationship will be developed through interviewing and assessment strategies. This course will make extensive use of supervised video taping, and interaction with community volunteers through the Clinical Education Centre. In addition, students will gain experience in professional communication skills. (4 credit units) contact Hours: 48

OT 852* Group Theory and Process

This course will examine group theory, process and application to occupational therapy practice. It will focus on groups both as a means to enabling occupational therapy change and as a means for working effectively in a complex health care system. Laboratory sessions will facilitate the development of effective techniques in group leadership and participation. (3 credit units) Prerequisites: OT 851 or permission of the course coordinator. Contact Hours 36

OT 881 Physical Determinants of Occupation I

This course introduces students to human occupation from the perspective of its anatomical, physiological and biomechanical dimensions. This course will use an integrated case study format to

develop understanding of movement of the human body as it relates to occupation. The course will focus on assessment methods used in physical rehabilitation and introduce musculoskeletal conditions as they relate to occupation. Theoretical frameworks and evidence-informed practice approaches and interventions will be addressed in class and weekly lab sessions. (4 credit units) Prerequisite: none. Contact Hours: 48

OT 882 Psychosocial Determinants of Occupation I

This course introduces students to human occupation from the perspective of its psychological, emotional and social dimensions. This course will use a case study format to develop understanding of the person-level foundations and environmental conditions that enable occupational performance and are relevant to psychosocial practice. Theoretical frameworks and evidence-informed practice approaches and interventions will be addressed in class and weekly lab sessions. (3 credit units) Contact Hours: 36

OT 883 Cognitive-Neurological Determinants of Occupation I

This course emphasizes the neuro-physiological organization of motor behaviour, sensory-motor integration, and the dynamic nature of the central nervous system and will provide a foundation for evaluating occupational performance with a focus on evaluation and intervention approaches for cognitive-perceptual and motor control problems for adults at three levels: impairment, strategy and function. Attention will be given to secondary motor performance problems. (4 credit units) Prerequisites: OT 881. Contact Hours: 48

OT 884 Psychosocial Determinants of Occupation II

This course builds on attitudes, knowledge and skills developed in psychosocial dimensions of occupation I. Students will learn theoretical frameworks, practice approaches and evidence-informed interventions relevant to complex psychosocial issues within a range of specific occupational therapy practice contexts. Weekly labs will provide the opportunity for further skill development. (4 credit units) PREREQUISITE: OT882* Contact Hours: 48

OT 886* Environmental Determinants of Occupation I

This course provides students with foundational knowledge about environmental factors influencing occupational performance and participation in occupations. First, we examine the physical, social and institutional environments and occupational therapy approaches for assessment and intervention. Then we explore various contexts across the lifespan, including home, school, work, and community. (Lecture + lab) (3 credit units) Pre-requisites: OT-823, OT-881 and OT-882 or permission of the course coordinator. Contact Hours: 36

OT 897* Critical Enquiry Foundations

This course prepares students for the completion of OT-898 by examining world views, research designs, criteria for study quality, and evidence-based practice. Students develop skills to pose clinical questions, systematically search the literature, appraise scientific articles, and use research to inform rehabilitation practice. (3 credit units) Prerequisite: Registration in the occupational therapy program. Contact Hours: 36

OT 898 Critical Enquiry Project (spans both years, commences mid-May year-one)

Students will work with a faculty supervisor to complete a critical enquiry project. The project will enable students to apply critical inquiry skills by participation in an area of clinical investigation and to examine the relevance of findings to clinical practice. (6 credit units applied at completion) Prerequisite: OT-897* or permission of the course coordinator.

**For the OT21 Class continuing fall 2020:
Occupational Therapy Year Two Course Descriptions – 56 credits**

OT826* Enabling Occupation in Children and Youth

This course provides students with the foundational knowledge to identify factors influencing performance and participation for children and adolescents. Evaluation and intervention approaches at the level of impairment, activity limitations, and participation restrictions will be explored by considering the context of service provision systems and the diverse roles of Occupational Therapy practitioners in collaboration with families and inter-professional service providers. (Lecture + lab) (4 credit units) Prerequisites: OT881, OT882, OT883, OT884. Contact Hours: 48

OT 827* Enabling Occupation in Older Adults

This course provides students with the foundational knowledge necessary to identify factors influencing performance and participation of older adults. Evaluation and intervention approaches at the level of impairment, activity limitation, and participation will be explored by considering the diverse roles of occupational therapy practitioners in collaboration with families and inter-professional service providers across a range of service provision contexts. (3 credit units) Contact Hours: 36

OT 847 Occupational Therapy Fieldwork II

This fieldwork course, completed continuously and offered in a practice setting, will allow students increased independence in working with clients including assessment, intervention and application of OT knowledge. Prerequisites: OT 846 or permission of the course coordinator. (8 credit units) Contact hours: 8 weeks

OT853* Coaching and Counseling for Occupational Change

This half course consists of both theoretical background preparation and practical experiential learning opportunities to introduce occupational therapy students to selected talk-based interventions available for enabling occupational fulfillment and change (coaching, counseling and psychotherapy). Prerequisites: OT 851 or permission of the course coordinator. (3 credit units) Contact Hours: 36

OT 861* Community Development in Occupational Therapy

This course critically examines the theoretical foundations and processes of working with communities through community development in order to enable occupation at the community level. Theories of community development, the process of engaging with communities, and skills required for community development will be explored as they pertain to occupational therapy. This course lays the theoretical foundation for the community development fieldwork placement, OT-862. (3 credit units) Prerequisites: OT851, OT 852, OT886* or permission of the course coordinator. Co-requisite: OT862 or permission of the course coordinator. Contact Hours: 36*

OT 862 Applied Community Development

This fieldwork course, completed continuously, will provide the opportunity for students to explore the process of working with communities to enable occupation and to create inclusive communities and environments. (6 credit units) Prerequisites: OT 847 or permission of the course coordinator. Contact Hours: 5 weeks

OT 871* Advanced Clinical Reasoning

This course provides opportunities for students to develop advanced clinical reasoning skills applicable to all areas of occupational therapy practice. Based on the occupational therapy process, students will develop skills of critical thinking and inquiry. (3 credit units) Prerequisites: all first-year courses and all second-year, fall-term courses or permission of the course coordinator. Contact Hours: 36

OT 875* Advanced Professional Practice

This course is designed to provide students with opportunities to acquire an advanced understanding of the roles, rights and responsibilities incumbent with becoming an Occupational Therapist. Particular attention will be given to the legal and ethical parameters of practice, professional contributions and responsibilities within complex and changing environments and career development as advanced healthcare professionals. Course content is designed to be responsive to the shifting practice environment and offer students an opportunity to synthesize learning from other courses within the curriculum. (3 credit units) Prerequisites: all first-year courses or permission of the course coordinator. Contact Hours: 36

OT 877 Occupational Therapy Fieldwork III

This fieldwork course, completed continuously and offered in a practice setting, will allow student to consolidate OT knowledge and skills. The focus of this final fieldwork placement is for the student to maximize independence in the areas of assessment, intervention, programming and evaluation. Prerequisites: OT 847 or permission of the course coordinator. (8 credit units) Contact Hours: 8 weeks

OT 885* Physical Determinants of Occupation II

This course analyzes human occupation from the perspective of its anatomical, physiological and biomechanical dimensions. The course will focus on intervention methods used in physical rehabilitation to enable occupation in musculoskeletal conditions. The course is designed to build on concepts introduced in OT881 and will use an integrated case study format to further develop an understanding of movement of the human body as it relates to occupation. Theoretical frameworks and evidence-informed practice approaches and interventions will be addressed in class and weekly lab sessions. (3 credit units) Prerequisite: OT881 Contact Hours: 36

OT 887* Environmental Determinants of Occupation II

This course builds on knowledge and skills developed in Environmental Determinants of Occupation I (OT 886). Students will gain in-depth knowledge of assessment and evidence-informed interventions relevant to complex environmental issues and assistive technology within a range of diverse occupational therapy practices, including inter-professional collaboration. (Lectures + labs) (3 credit units) Prerequisites: OT826, OT827, and OT886 Contact Hours: 36

OT 889* Cognitive-Neurological Determinants of Occupation II

This course builds on attitudes, knowledge and skills developed in Cognitive-Neurological Determinants of Occupation I. Students will practice evaluations, and evidence-informed interventions relevant to complex cognitive-neurological issues within a range of neurological impairments in adults. Weekly labs will provide the opportunity for further skill developments. (3 credit units) Prerequisite: OT 883 Contact Hours: 36*

OT 898 Critical Enquiry Project (spans both years, commences mid-May year-one)

Students will work with a faculty supervisor to complete a critical enquiry project. The project will enable students to apply critical inquiry skills by participation in an area of clinical investigation and to examine the relevance of findings to clinical practice. (6 credit units applied at completion) Prerequisite: OT-897 or permission of the course coordinator.*